

Quick Guide:

SurgeryU is a peer-reviewed surgical library with an extensive global reach intended to enhance surgical care and improve women's health outcomes universally.

Submitted videos are selected for publication based on **originality, innovation, scientific rigor, relevance, and clarity.**

Rules for Video Submission

1. **Length:** 3 min for short videos and 8 min for long videos.
2. **Format:** MPEG4 (.MP4) minimum resolution: 1280 x 720 or 1920 x 1080.
.mpg, .avi, .mov, .wmv formats are accepted but will be converted to .MP4
1. **Language:** English
2. **Title:** should be displayed at the beginning of the video with the author name/s and institution/s.
3. **Disclosures:** displayed after the title
4. **Images:** must include licenses for copyrighted material.
5. **Release forms:** must be obtained for any patient recognizable in the video. Videos and images should not include any identifiable patient information.
6. **Specific brands or commercial products:** can be presented with a rationale for their use and referenced, preferably evidence-based.

We look forward to receiving your videos!

Submission Guidelines for SurgeryU

SurgeryU is a peer-reviewed surgical library that serves as the global leader in minimally invasive gynecologic surgical education. Our mission is to provide world-class peer-reviewed surgical videography to educate the global gynecological surgery community . Our curated content, reviewed and created by surgeons for surgeons, aims to enhance surgical care and improve women's health outcomes.

By offering a comprehensive platform that combines innovative techniques, expert insights, and collaborative learning, we empower surgeons to deliver the highest standard of care. Surgical videos are selected for publication based on originality, innovation, scientific rigor, relevance and clarity.

Short Form Video Submission

1. The maximum length of video submission for short form video content is **3** minutes.
2. The preferred format is MPEG4 (.MP4) with a minimum resolution of 1280 x 720 or 1920 x 1080. Other formats (.mpg, .avi, .mov, .wmv) are accepted but will be converted to a .MP4 file format.

3. Videos must be in the final edited version with narration in English.
4. Videos can discuss the use of specific brands or commercial products as long as rationale for their use is provided (preference, if evidence-based cite sources)
5. Title slide should include author names and institutions.
6. Relevant disclosures should be provided as a second slide. All financial and personal relationships should be included.
7. Images presented as part of the video should include licenses for copyrighted material and release forms for any patient recognizable in the video.
8. Non-proprietary music or copyrighted music with permission is acceptable. Copyrighted music without proper permissions cannot be used.

Long Form Video Submission

1. The preferred length of video submission for long form video content is 8 minutes. Longer videos (full surgeries) may be considered but not guaranteed acceptance.
2. The preferred format is MPEG4 (.MP4) with a minimum resolution of 1280 x 720 or 1920 x 1080. Other formats (.mpg, .avi, .mov, .wmv) are accepted but will be converted to a .MP4 file format.
3. Videos must be in the final edited version with narration in English.
4. Videos can discuss the use of specific brands or commercial products as long as rationale for their use is provided (preference, if evidence-based cite sources)
5. Title slide should include author names and institutions.
6. Relevant disclosures should be provided as a second slide. All financial and personal relationships should be included.
7. Images presented as part of the video should include licenses for copyrighted material and release forms for any patient recognizable in the video.
8. Non-proprietary music or copyrighted music with permission is acceptable. Copyrighted music without proper permissions cannot be used.

General Recommendations

1. Preference will be given to surgical videos that highlight visual surgical content and surgical technique, with focus on specific, relevant portions of the case.
2. Highlighting anatomical structures, explaining techniques with visual or video graphics, and slowing down or freezing relevant parts of the case are highly encouraged.
3. Text slides, covering background information, HPI, exam/lab findings, and concluding remarks should not exceed 2 minutes.
4. Relevant radiological images may be included but should not include any patient-identifying information.
5. Verbal and visual descriptions of surgical imagery are highly encouraged.
6. Built-in transitions in these software may be used in limited capacity.

Suggested Tips for Making a Great Surgical Video

1. Check out videos that are already out there to see what's been published. You want your content to be fresh and add something new.
2. Film as many of your surgical cases as possible - and while many things can be fixed in editing, it's important to make sure that you start with a good quality video first. Keeping your object of interest in the center of the screen, making sure your camera is in focus, and minimizing smudges on the screen will all help your final product shine.
3. Invest in a good quality microphone, rather than using your native laptop microphone. Try to minimize background noise when recording - find a soundproofed room or even record in a closet if you need to.
4. If you're creating a short-form video, cut out the extra content - the basic steps of a hysterectomy don't need to be included every time if you're planning to only focus on cuff closure.
5. Though it can be challenging to cut your video down for time, try to keep specific surgical techniques that you are highlighting running at 1x speed so your audience can watch it in real time. This allows your audience to learn the most from your video. Adding engaging audio and graphics can help enhance the learning process.

Suggested Tools

1. Video editors - we suggest using iMovie, Final Cut Pro, Adobe Premiere Plus, or other video editing software to cut down and highlight only relevant surgical footage.
2. Image editors - Adobe Photoshop, PowerPoint, or Keynote can all be used to emphasize anatomical structures.
3. Audio editors - a professional microphone can be very helpful. Record audio voice overs in a quiet, soundproofed room if available.

Suggested Video Tutorials:

1. Highlighting anatomical structures tutorial using iMovie:
<https://www.youtube.com/watch?v=zOdHsTZ-P-c>
2. Highlighting anatomical structures using Final Cut Pro:
<https://www.youtube.com/watch?v=5A9ZUHslobM>